



SUMMER EDITION



34 Years of

NISHKAM TIMES

NEWSLETTER
April, May and
June 2019

SEWA | SCHOLARSHIPS
EDUCATION
WELFARE
ASSOCIATIONS

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Transforming Lives: Happy students after receiving scholarships

Nishkam awards scholarships to 309 marginalized school going students



Nishkam awarded scholarships worth Rs. 1,702,600/- to 309 students on the basis of written test performance. The scholarship cheques were distributed at functions held at different zones across New Delhi and at Shri Guru Nanak Pritam Girls Senior Secondary School, Shahbad in Haryana in May 2019.

These scholarships were given in association with Relief Committee of Greater New York (For Class VIII- X) and Master Harbans Singh Memorial Scholarships (Perpetual Scholarship for Class -XI- XII).

For more than two decades this scholarship program has been running successfully and has brought changes in the lives of more than 6300 students.

Relief Committee of Greater New York is an organization run by NRIs based in New York (USA) and they offer scholarships every year to marginalized but brilliant students.

Nishkam's Perpetual Scholarship initiative has been running with the help of its generous donors, who institute scholarships in the memory of their dear ones by donating a lump-sum amount of donations and the bank interest accrued on this donation amount is paid to eligible students as scholarship every year.

We are immensely proud of our student beneficiaries who against all odds and difficulties worked hard and rightfully earned this scholarship. A big thank to all donors, for investing their hard-earned money in building lives of many economically weaker section students.



Scholarship Distribution Events across Delhi & Shahbad, Haryana



Let's establish a Memorial Scholarship to honor that special person while carrying his or her legacy towards educating the future of mankind

Those who desire to institute a scholarship in the sweet memory of their near and dear ones can do so by donating minimum of \$ 2500 or Rs. 1,00,000/- (One Lakh) by visiting our websites:

- <http://nishkam.in/>
- <https://nishkamcanada.org/>
- <http://www.nishkamura.org/>

For more information, please contact us at:

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Career Counseling session held for students



A program for spreading career related awareness among the students was organized at Nishkam Bhawan on 27- April, 2019. S. Ashok Singh (Member of Nishkam and former Company Secretary) coordinated the event. He satisfactorily responded to various queries by the students and gave many valuable career-related suggestions. The career counselling session was held for the benefit of the students who are pursuing 12th standard and later want to enroll in higher education courses. Choosing the right career is one of the most crucial decisions of a student's life, especially for underprivileged youth who are struggling with environment full of illiteracy and drug abuse around them. Nishkam has been constantly pushing such initiatives for the betterment of youth and running various career building projects to make them job ready.

Free Medical Checkup Camp

The free checkup camp was organized at Nishkam Bhawan on 9 April 2019. The main objective of the free health camp was to create awareness among the public regarding the causes, prevention and control of diabetes and blood pressure.

Besides creating awareness among the public, free BP and sugar level checkups were done. The persons having a high risk of blood pressure and diabetes were given medicines and advised to follow to live a healthy lifestyle.

We thank Mr Rajkumar Pal from Serdia Pharmaceuticals for supporting us with strips and needles used for sugar level tests. Without their support, it would not have been possible for us to go for large scale checkups.



Stitching new hopes for Paramjeet Kaur

From a class XI dropout, Paramajeet Kaur is experiencing a new hope for survival. She is living in a small rented room in Gurdwara Shaheedganj Sahib, Tilak Nagar, New Delhi with her husband and one son. Her husband works as Sewadar in Gurdwara Sahib. His earnings are very meager, and they find it very difficult to manage their household. They also found it hard to handle the college fees for their son, who is pursuing Bachelor in Computer Application, degree course.

Paramajeet Kaur has studied till X and did not have any additional skills. She wanted to help her family by taking on a job but not having enough skills was a roadblock for her. Nishkam provided Sewing Machine and support her ambition so that she can earn her livelihood in dignified way.

We are helping such needy women by providing them sewing machines. This is a step forwarding for empowerment of female, so that they can start putting their skills to good use. By providing a sewing machine to those in need, they now have a chance to start their own tailoring business.

Let's Empower Poor Women to Break Out of Poverty

For women who have no formal education and therefore no access to decent, well-paying jobs, vocational skills like sewing, hold an important alternative. Your help will empower suffering humanity, thereby enabling them to set up their own business and start earning a living with dignity.

Contact at: nishkam84@gmail.com Call: +91-11-28334477/28335577.



Workshop on Soft Skills & Interview Techniques

Nishkam Sikh Welfare Council (Regd.), New Delhi along with Sikh Human Development Foundation (SHDF), USA organized a one-day workshop on "Soft Skills and Interview Techniques" for scholarship recipients at Guru Nanak Dev University on 15-June, 2019. 46 scholars participated in the workshop. Since the employability skills emphasize more on soft skills, communication and personality of the candidate, the need of the hour is that these skills should be imparted to the students by organizing such workshops. Workshops are held throughout the year around Life Skills, Personality Development and Soft Skills and it's a boom for students who belong to underprivileged families. It will help them grow as individuals and work on their intrapersonal and interpersonal skills.



Supporting Initiatives: Coaching for competitive exams

More than 27 students are preparing for competitive exams. Their only aim is to get success in the Short Service Commission (SSC) entrance exam. Our partner Mission Education Trust has been running the initiative for the upliftment of students from the underprivileged section of the society by providing essential training to enable them to get ready for career development and also to enhance confidence in them. The program was started two years back with only 5 students but it has gained momentum drastically and more and more students are being benefited in clearing their doubts. We all know that studies in India are very demanding. The cut-throat competition takes toll on students health and moreover the fee of competitive classes from big institutes which they charge is skyrocketing high for them. That's why some young volunteers came forward in 2017 and formed Mission Education Trust. Nishkam supported their endeavor.



Activities at Mata Gujri Sukh Niwas- Kharar, Punjab

CBSE Class 10 results: Though abandoned but they still excelled in the exams

Just recently our two beneficiaries at MGSN, excelled marvelous in the Matriculation Examination with a score of 82 and 88 percentage. Both Harmanpreet Singh and Ramdev Singh studied with full dedication and earned laurels. Harmanpreet Singh who scored 88 % belongs to a very poor family of Tarn Taran district in Punjab. His family couldn't afford his education and life, so they left him at MGSN. Ramdev Singh, scored 82 % has a grim past. He was abandoned by his parents and found in a small village at Sangrur. While speaking about exam strategy, both shared that they devote 6-7 hours a day for studies. They give credit to their teachers and the environment of MGSN where tutors and atmosphere played a big role in shaping their ambition. Similarly, Jaspreet Singh, studying in 10+1 (Non-Medical) also topped in Govt. Model School at Kharar. Nishkam is committed to provide a safe and secure environment in which mental abilities of children blossom. We always believe that education is an asset if we provide education support to the underprivileged and abandoned children they can stand on their own feet after completion of the education. Time to Time, we are taking them out for excursions, so that they never feel alone and think positive for life. Generous hearts always come and share their happiness through distributing eateries and offer gifts as well. We convey a big thank you for your trust and cooperation, especially our esteemed sponsors who contribute their hard earned money on regular basis in uplifting these underprivileged and downtrodden children.



Harmanpreet Singh- 88% Ramdev Singh- 82% Jaspreet Singh



Sharing is Caring: Generous hearts frequently visited MGSN to spread joy and pass out gifts

Bridging the Gap of learning: A visit to Uttar Pradesh and Haryana for Sikligar students



At local school in Modinagar -UP At Tuition center in Modinagar- UP At Palwal- Haryana

In order to take a review of student beneficiaries from Sikligar community, a team of Nishkam members visited Modi Nagar on 24- April and Aligarh on 2-May 2019. They met school principals, teachers and parents as well. The schools shared the positive outcome of students who are regularly attending and performing well in academics. More and more children from Sikligar families in Uttar Pradesh (UP) are going to school but still much remains to be done for uplifting the standard of these families. They also met the students of class X who were awaiting their results. Most of them agreed to further pursue their studies. The Nishkam team requested the school principal to arrange extra classes for the students of Class V-IX and stated that for bright students of class VIII, IX & X, a separate tutor will be arranged by Nishkam.

Similarly, on 28th May 2019, a team of Nishkam Sewadars, S. Harvinderjit Singh; S. Parwinder Singh; S. Dawinderpal Singh and S. Vijay Singh visited schools at Palwal and Kurali at Faridabad, Haryana. They met school principals, teachers, parents and students where they discussed the performance of students and facilities needed for a better outcome. The Sikligar families as a part of their traditional perception do not encourage young male folks to pursue education and encourage them to work with their elders, girls are expected to do their share of household chores after schooling including cooking, cleaning and babysitting. Their custom dictates girls to marry at very young age and move to their in-laws. Nishkam's core mission is to provide an accommodating environment to such marginalized community for their sustainable development by improving their quality of life and well-being, and to provide them with opportunities. The team also visited their Bastis (Hutments) and interacted with their parents. Overall, the visit was successful.

Behold All Human Race as One



A picture speaks volumes! Reuniting the Khalsa Family!



Mandeep Singh Photo by: S. Balbir Singh Pahwa Nishkam Sewadar

A group of young children gathered for Gatka competition at local Gurdwara in Bangalore-Karnataka. One of our beneficiary student, Mandeep Singh performed very well. He belongs to Sikligar community. There is no difference, warriors have no name/caste/color/creed. When they wore war armors they all look the same. Nishkam is running various community development projects for Sikligars and improving their strata. We are striving our best to let them reunite in mainstream and enabling them to get education at school and college level, so that they can feel equal and live the life with dignity.

A Year of Good Reading 2018-19

LIBRARY CENTER AT NISHKAM BHAWAN

The Library serves as reading room and book-bank for needy and deserving students of nearby locality.

94 204 1874 10,060



Purchased New Books



Renewed Memberships



Books Issued



Visitors

There is an old saying, "IF YOU GIVE A MAN A FISH YOU FEED HIM FOR A DAY; TEACH A MAN HOW TO FISH AND YOU FEED HIM FOR A LIFETIME." That is where education makes a difference.

This year, empower a child with the power of education and bring a change in his life



Donate Now

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Do contact for detailed information, the fund-raiser roving ambassador of Nishkam:

S. Mohan Singh
Phone (Cell): 646-338-0380
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All donations are tax-exempted

Empowering Pradeep for better tomorrow

My name is Pradeep Kumar and I live in the small setup of Mayur Vihar in New Delhi. We are a family of three; my wife, son and me. My son is just 5-year-old and studying in Nursery school. I made a living by indulging in a small tailoring workshop. The income I earned would just suffice to make ends meet. Unfortunately, on 21st January 2019, I met with a serious road accident. I lost my job and had a metal rod in my thigh and hip joint. I was stranded with no way to earn a living. Our cycle of debt only seems to be growing further while we have no other way to get rid of it. After losing all hopes, I approached Nishkam and they helped me with a Sewing Machine. I do not possess any other skills except stitching. They valued my art and skill and above all understood my struggles. Now I can work from home as tailor and stitch clothes using my sewing machine and earn my livelihood. Thanks to Nishkam for helping me.



Educating the underprivileged ---Tuition Center Updates---

The rich children can afford commercial coaching whereas poor children cannot. This leads to increased number of school dropouts. Nishkam, in its own little ways has been taking care of educating the needy for the last 35 years. **This year our 4 girls of tuition center at Nishkam Bhawan, secured distinction at secondary/matriculation level in CBSE Board exams.** Just meet, Navneet Kaur who scored 83%. Her father is a driver. Similarly, Sonam scored 80% and made her parents feel proud. Her father is a Vegetable Vendor. Kiran Kaur scored 73%. Her father is earning a very meagre income while doing Paath and Kirtan at local Gurdwara. Mandeep Kaur scored 72%. Her father couldn't hold his tears of joy after knowing her score, he's running an e-rickshaw for livelihood. These are every day examples but it was a daunting task for any teacher to identify student's true potential and work on precision along with economic and social barriers so that they become successful. The staff at Tuition Center is very dedicated and taking a lot of pain in nurturing these students. **At present 101 students are getting tuition classes** and hopefully, it may increase in future.

Notable performance of Class X Students in the CBSE Board Exams 2018



Navneet Kaur
83 %



Sonam
80 %



Kiran Kaur
73 %



Mandeep Kaur
72 %

Constructing Hopes at Hubli- Karnataka

Nishkam with the active support of Hubli's sangat have built a house for two Sikligar families who were living at the mercy of nature and waiting for houses. Now they are happily living with their children. The two-floor setup has also paved a way for Project Teachers and Volunteers of Nishkam. Thanks to donors for providing us such selfless support.



(Above) Sikligar families in front of the house. (Right) the two floor facade.



Do you want to be a Successful Professional but having less financial resources? Don't Give-Up. We are with you!

SCHOLARSHIP FOR STUDENTS WHO WANT TO PURSUE PROFESSIONAL COURSES

SCHOLARSHIP UPTO ₹ 30,000

Nishkam Sikh Welfare Council (Regd.), New Delhi in association with Sikh Human Development Foundation, U.S.A. (SHDF) invites Applications for SHDF Scholarships for 2019-20

ELIGIBILITY

- Annual Family Income should not be more than ₹ 1.8 Lakhs (Rs. 1,80,000)
- Minimum 60% marks in the last exam held.
- We only consider "Regular" students. Sorry for Correspondence/Distance learning students.

For Class X and XII (10 and 10+2)

Students who have appeared in Class X and Class XII Examination in March, 2019 can also apply and take the Written Test and Interview. Scholarship for such students will be considered only on receipt of proof of admission to a professional course in recognized Institute/College and if found eligible otherwise

Only eligible applicants will be contacted

Scan and Apply Download the Application Form



LAST DATE 27 JULY 2019

For more info visit: www.nishkam.in
Email: nishkamsewa1984@gmail.com
Call: 011 - 28333842/28334477



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